

Sanctuary First

January 2011

Theme Summary Cheesed Off

Being unhappy and ill at ease or even “cheesed off” can be a good thing because it makes you begin to want to change. If we see things that are wrong in the world there is no point in just complaining and doing nothing you have to become part of the change. Its about seeing the significance of the life. The teaching of Jesus changes the way people see things. He continually invites people to see things through another perspective

Feel free to insert songs throughout the service

| Item | Notes |
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| PRESENTER: | “Can you believe it, 2011 has arrived. The thing is traditionally many of us feel a bit flat at this time of the year. We’ve eaten too much, spent too much, and guess what we’re cheesed off! |
| DRAMA | “Cheesed Off” |
| PRESENTER: | Too often we settle for second best, you know an immediate sugar rush. There is actually so much more to life if only we could see it. Its not just 21 st century people who get cheesed off, the Bible is full of cheesed of people. Take Elijah he was cheesed off with his job as a prophet. Then there was Jonah he is an interesting guy, he was cheesed off with God . Oh and there was Job he endured so much that he was cheesed off with life. And there was Jacob he was cheesed of with his family, and finally need I mention Jesus he was cheesed off with the religious establishment of his day. So Sanctuary First is going to be exploring all these aspects of being “Cheesed Off “ in our prayers on the Sanctuary First web site this month. |

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| PRESENTER: | <p>I actually think its about seeing the significance of the life. You know the teaching of Jesus changes the way people see things. He continually invites people to see things through another perspective.</p> <p>Perspective is an important understanding to have and develop as we go through life. The problem is that too many people have the wrong perspective and it affects their everyday life.</p> <p>Take for instance George the lead character in the 1940s film “It’s A Wonderful Life”. Where he see failure the Angel sees success.</p> |
| VIDEO | “It’s A Wonderful Life” Clip |
| PRAYER | <p>O God We’re sorry We get things out of perspective Forgive us when we have misjudge others Change my view Help me see things from another’s perspective Help me see my self as you see me</p> |
| THE UMBRELLA | <p>A large golf umbrella is placed on the floor in the front of the Church. Everyone is invited to gather round the umbrella some people are invited to sit others to stand in a large circle. Various items are placed inside and outside the Umbrella. Glasses, whiskey bottle, milk carton, a clock, a whole plethora of goods. Perhaps the tools of a rock climber or a bank robber – which is it?</p> <p>The people on the outside of the umbrella are invited to describe what they can see what is behind the umbrella. A torch is switched on creating shadows and clues for the people looking at the objects obscured by the umbrella. They then begin to describe what they think they are seeing. The thing is you’ve got to find out what kind of person would use these tools.</p> |
| PRESENTER: | <p>There’s a story in the Bible about a man called Job. Everything went wrong in his life. He lost his home, his wife and his family. His friends interpreted the meaning behind all of his bad fortune as God’s punishment for his sins. Job refused to believe it. He wouldn’t allow himself to become cheesed off with God. He believed God would sort every detail out in the end. He believed God had a plan for his life.</p> <p>Perhaps your at the crossroads of your life looking to find meaning. Perhaps you feel like a castaway trying to get back home.</p> <p>Watch this clip it comes from the Tom Hanks Movie ‘Castaway” the hero returns looking for direction and meaning in his life.</p> |
| VIDEO | “Castaway” Clip |

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| PRESENTER: | <p>Sometimes being unhappy and ill at ease or even “cheesed off” can be a good thing because it makes you begin to want to change. If we see things that are wrong in the world there is no point in just complaining and doing nothing you have to become part of the change</p> <p>Take a moment to think about what it cost Rosa Parks, the civil rights protester in Alabama in the mid 60s. Standing up and being counted invites us to see the need to change and to believe we can be the change.</p> |
| VIDEO | “Won’t Back Down” |
| PRESENTER: | <p>Finally we thought it might be good to have a competition we’d like to see how many perspectives in the every day world show the shape of the cross. We’d like you to take a camera out to see how many cross shapes you can find. All around you, as you go to work or school or do your shopping. Now when you find them will you email them to us at sanctuaryfirst and we’ll start putting them up on the web.</p> |

“CHEESED OFF”

READER ONE:

“Look see me

I’m browned off

Brassed off

cheesed off

I mean it

I’m really cheesed off

I don’t like this feelin’

I’m even cheesed off with God

Why me - why all this suffering ?

I’m cheesed off with work – why me

why all this pressure ?

I’m cheesed off with my credit card

the interest rate is too high!

I’m cheesed off

With my family surely its not always my fault

I’m cheesed off with religion

they’re all hypocrites

I’m cheesed off with friends – all of them are takers

I’m cheesed off with life – everything about me is so predictable

I think, is this it ?

My life I mean

I’m lookin’ for more

I want to enjoy life

You know what - I want cake

I'm lookin for more - cheese cake

Yeah

I want lemon cheese cake

That's the kind of life I want

A lemon cheese cake life"

READER 2:

"Jesus says 'I have come that you might have life more abundantly' John 10.10.

Lemon cheese cake?

You've set your sights too low

There was guy in the Bible just like you

He sold out for a plate of porridge - he regretted it afterwards."